

# TOPICAL PAIN CREAMS

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## INDICATIONS

Upper/lower Back Pain  
Arthritic Pain  
Musculoskeletal Pain  
Neuropathic Pain  
Cervical Radiculopathy  
Post Surgical Pain  
Diabetic Related Pain  
Sports Related Pain  
Fibromyalgia  
RSD/CRPS  
TMJ  
Plantar Fasciitis  
Tendonitis  
Epicondylitis  
Scarring  
Tendinosis  
Inflammation  
Spasms

## BENEFITS

Transdermal application minimizes absorption into the blood stream  
Direct Delivery to pain receptors  
Blocks portions of the inflammatory cascade  
Reduces oxidative stress  
Reduces organ toxicity  
Produces fewer side effects  
Reduces possibility of adverse drug interactions  
Provides measurable and identifiable pain relief  
Greater effectiveness and results for patients  
Improved patient compliance and outcomes  
Covered by most insurance providers  
All medicinal ingredients are FDA approved

## SOLUTIONS

### Pharmacy

Fully licensed and accredited pharmacies

Experts at compounding topical pain creams

Staffed with compounding pharmacists and technicians

Located in different geographic regions

Safe and clean environments

### Patient

Same day contact

Same day shipping in most cases

Follow-up calls regarding results and refills

Covered by most private insurance plans

Free shipping

Patient satisfaction surveys

### Physician

Satisfied patients

Updates regarding prescription status

Patient survey results

When pills and injectibles fail to treat, a compound topical pain cream can alleviate and soothe the pain.

MaxiMed with key, fully licensed, PCAB accredited compounding pharmacies in each region, providing a superior streamlined program for patients and doctors.

## PATIENT INSTRUCTIONS

It is important that you use the topical pain cream as directed. Please follow the instructions below, and contact the pharmacy if you have questions.

### Steps to Apply Cream

1. Clean and dry affected area before each application.
2. Do not apply the cream to open wounds.
3. The person rubbing in the cream should wash his or her hands before and after application.  
For best results, start with cool water and soap, lather and rinse with warm water. If someone else is helping you apply the cream, it is suggested that person wear a glove or finger clot.
4. Use dispenser to dispense the cream and measure each amount dispensed.
5. Apply a small amount of the cream to the affected area and massage into skin for 2-4 minutes, or as directed by your doctor. **CAUTION: AFTER APPLYING THE CREAM, DO NOT TOUCH YOUR EYES OR MOUTH UNTIL YOU HAVE WASHED YOUR HANDS. THIS CAN CAUSE BURNING AND IRRITATION.**
6. Do not wash the area where the cream was applied for at least 1 hour.
7. Do not cover the area where the cream was applied with an occlusive bandage, such as plastic wrap.
8. The cream may feel cool or tingly when applied, which is normal.
9. Apply the cream to the affected area 3 times a day, unless your doctor prescribed otherwise.
10. Store at room temperature. Do not refrigerate.

## TOPICAL PAIN CREAM MEDICATION INFORMATION

Medication	Class/Effect
Amitriptylene	Tricyclic Antidepressant; Neuropathic Pain Improves effects of other analgesic agents
Baclofen	Muscle Relaxant; Anti-Spasmatic
Bupivacaine	Local Anesthetic
Carbamazepine	Anticonvulsant; Neuropathic Pain
Clonidine	Some Analgesic Activity
Cyclobenzaprine	Muscle Relaxant
Diclofenac	NSAID; Pain/Inflammation
Flurbiprofen	NSAID; Pain/Inflammation
Imipramine	Tricyclic Antidepressant; Neuropathic Pain Improves effects of other analgesic agents
Ketamine	Muscle relaxant; NMDA Channel Blocker Used alone or in combo to relieve chronic, sharp, burning neuropathic pain
Ketoprofen	NSAID; Pain/Inflammation
Lidocaine	Local Anesthetic
Mefenamic Acid	NSAID; Pain/Inflammation
Nifedipine	Increase Tissue Perfusion/ Absorption
Orphenadrine	Muscle Relaxant
Tetracaine	Local Anesthetic